

# Communion Distribution Instructions

Updated: June 1, 2022

## BEFORE COMMUNION:

- Sit where you can easily get to the altar, and come forward when directed by Pastor Bryan.
- Sanitize your hands when you come up to the altar. Pastor Bryan will give you Communion first. Give Pastor Bryan Communion before you go to commune the rest of the congregation.

## HANDICAP SPOT:

- If you are in the communion distribution line closest to Bruce/the piano, please remember to give communion to anyone who may be sitting in the “handicap” spot toward the middle of the section.
- After the first small section has been given communion (all 3 of you) walk back to give the person communion, before you head to the center section to continue communion distribution.

## BREAD/WAFER DISTRIBUTORS:

- Place a wafer into the hand of the person, look him/her in the eyes and say, *“The body of Christ, given for you.”*
- For anyone who displays an “X” with their arms, and babies / toddlers, give a brief blessing by using your other hand, place it on their head, look lovingly into their eyes and give them a simple blessing, saying something like, *“God bless you with his special love,” “God loves you,” or “Know that Jesus loves you very much.”* If someone seems old enough to take Communion and extends his/her hands, don’t hesitate to give them Communion.
- Gluten-free wafers and individual Communion cups are available in a bowl on the altar upon request. Please offer the whole bowl to the person, and they will pick one out, returning the bowl to the altar. *Because the wafers are gluten-free, and your hands have touched the regular wafers, we do not want to contaminate the bowl.*

## WINE DISTRIBUTORS:

- Hold the tray up for person to remove a cup themselves. Look them in the eyes and say the words, *“The blood of Christ, shed for you.”*
- Grape juice cups (white) are located toward the center ring of the tray. Wine cups (red) are on the outside rings.
- If your tray is running low, exchange it for a full tray from the altar. If your tray is running low **and** there are no other full trays available:
  1. Consolidate remaining cups into one tray. If you have run out of wine cups, continue to offer the grape juice cups.
  2. Offer one of the individual Communion cups, especially if you have run out of grape juice.
  3. Check with Pastor Bryan. Another congregation member may be filling additional trays and bringing them forward for you. *This is more the exception than the rule; we will do our best to have enough trays on hand if we are expecting a larger crowd.*

## BASKET HOLDER:

- Hold up the collection basket, so that it is easy for the person to reach and allow them to place their empty cup into the basket.

## AFTER COMMUNION:

- Return wafers, trays and baskets to the altar.
- Give Communion to Bruce, musicians and/or Pastor Bryan if not done so already.
- Return to your seats. Thank you for helping with Communion today!